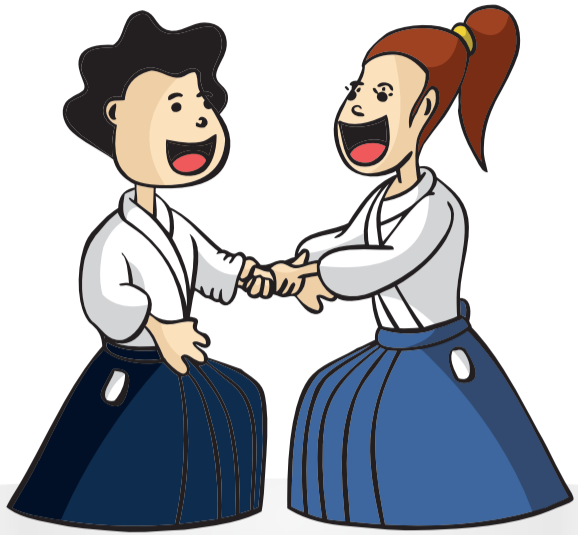




AÏKIDO

Kogekiho - Formes d'attaque - 2

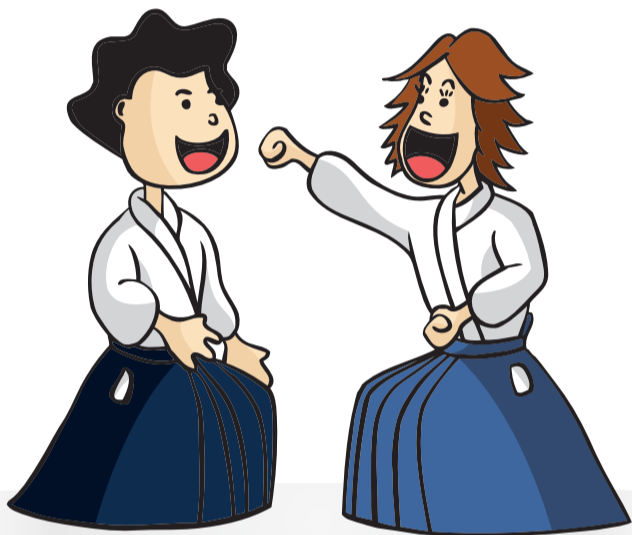
合氣道



Katate Ryote Dori (Morote Dori)



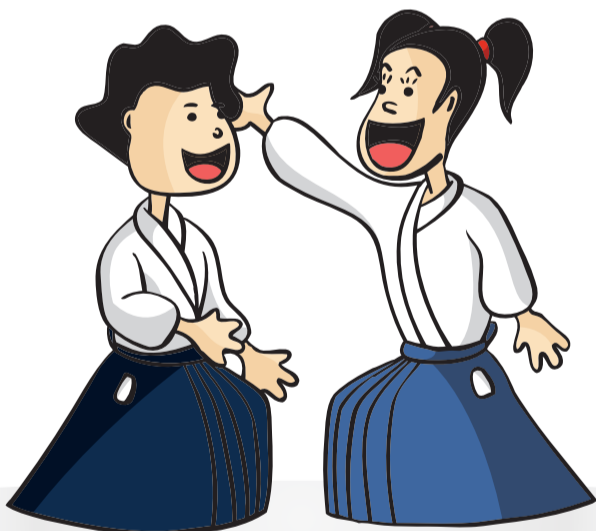
Chudan Tsuki



Jodan Tsuki



Shomen Uchi



Yokomen Uchi



Kata Dori Menuchi



Muna Dori Shomen Uchi



Mae Geri