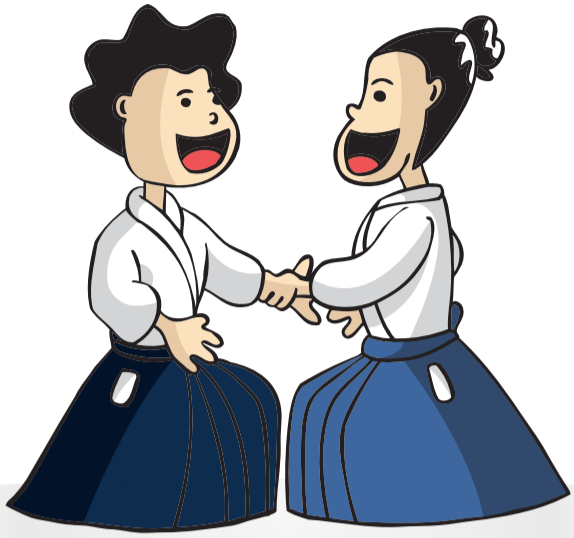




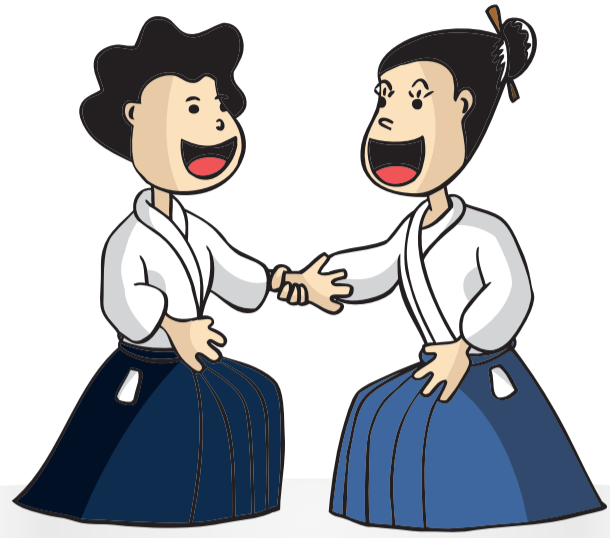
AÏKIDO

Kogekiho - Formes d'attaque - 1

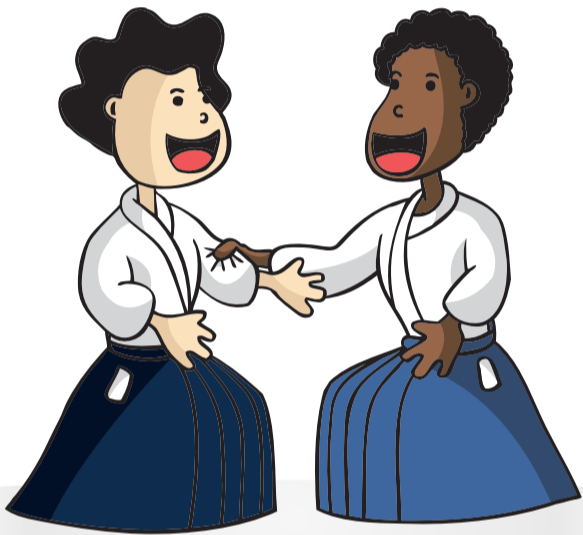
合氣道



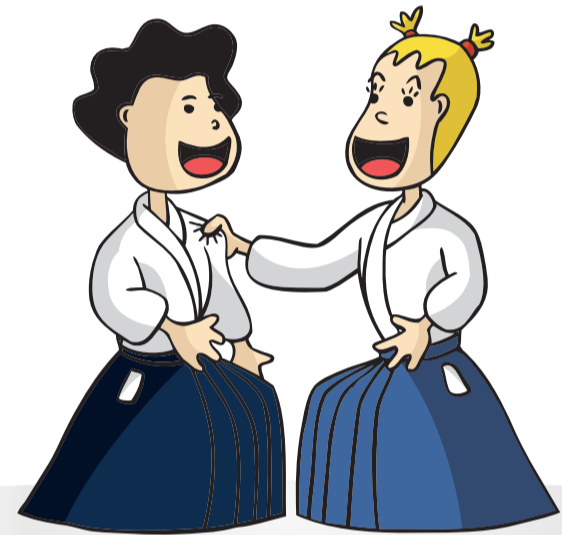
Aïhanmi Katate Dori



Katate Dori (Gyakuhanmi Katate Dori)



Sode Dori



Kata Dori



Muna Dori



Ryote Dori



Ryosode Dori



Ryokata Dori