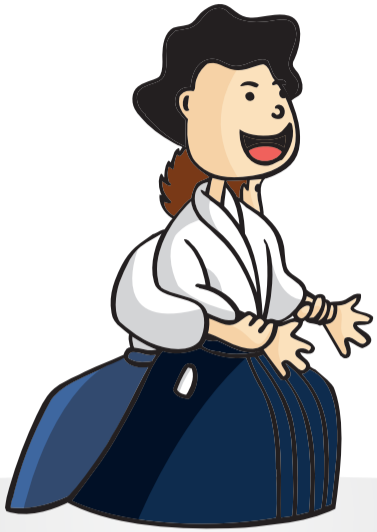




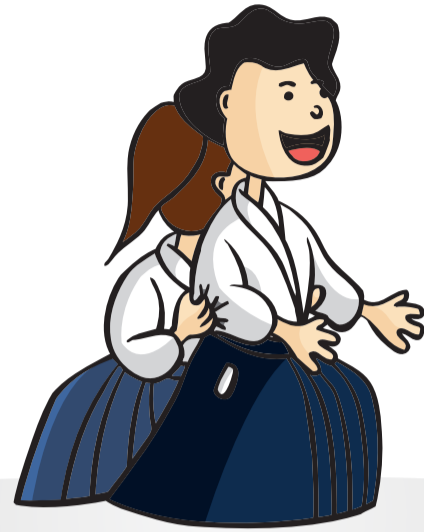
# AÏKIDO

## Kogekiho - Formes d'attaque - 3

合氣道



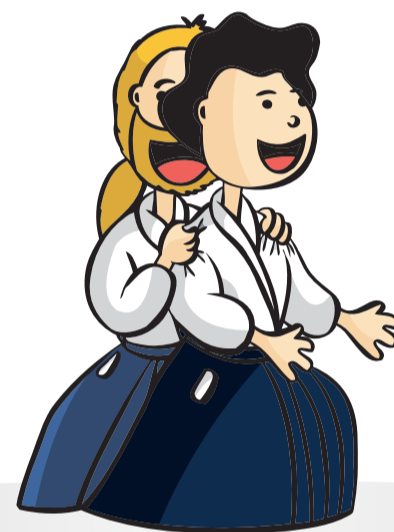
Ushiro Ryote Dori (Ushiro Ryotekubi Dori)



Ushiro Ryosode Dori



Ushiro Ryohiji Dori



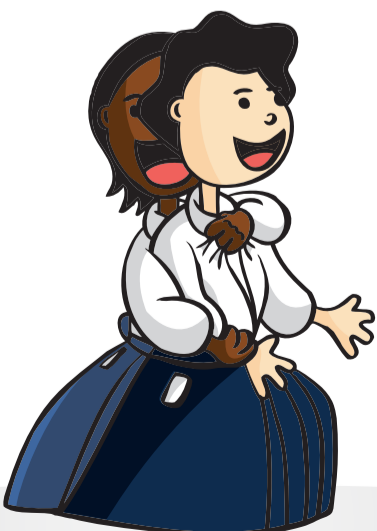
Ushiro Ryokata Dori



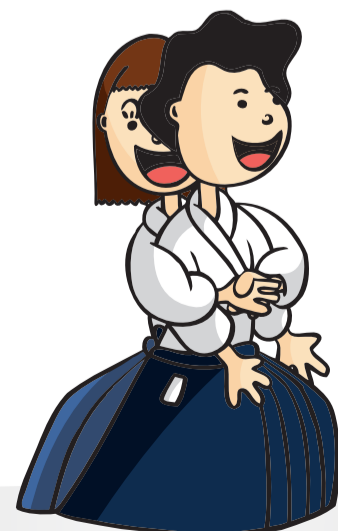
Ushiro Eri Dori



Ushiro Eri Dori Menuchi



Ushiro Katate Dori Kubishime



Hagaijime